

Headline	The Joy of Birdwatching		
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Thursday June 9, 2022

Lifestyle

NEW SARAWAK TRIBUNE

The Joy of Birdwatching

The cool breeze and sound of birds and crickets chirping early in the morning perked up the spirits of 12 nature lovers who woke up early to do some birdwatching at Paya Burung, Forest Reserve Institute Malaysia.

Story on pages

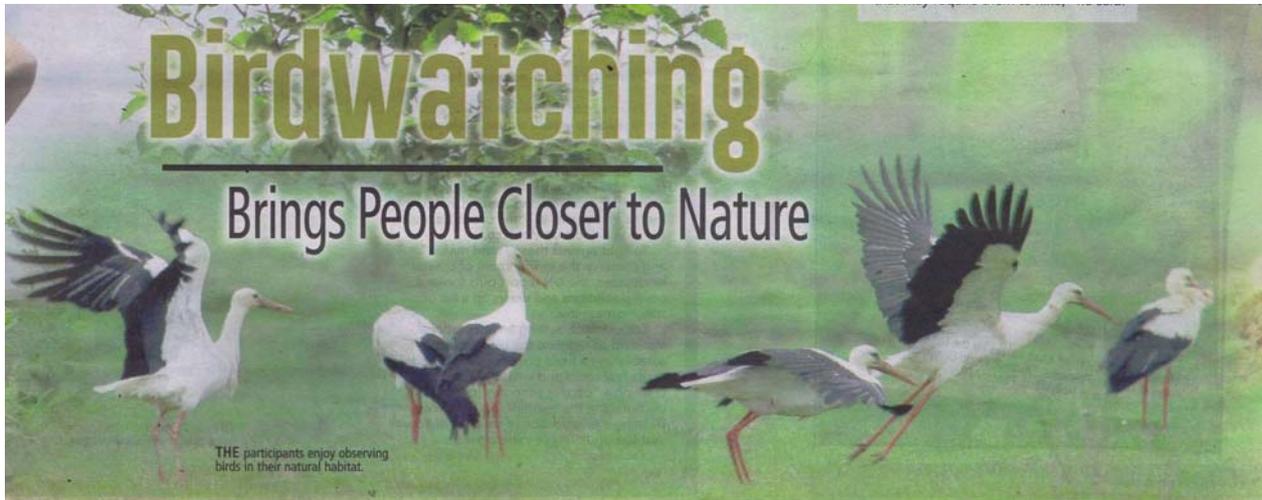
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THE participants enjoy observing birds in their natural habitat.

PARTICIPATING in a citizen science project organised by the Forest Reserve Institute Malaysia (FRIM)'s Ecotourism Division on Feb 28, 12 nature lovers were hoping to catch a glimpse of, among others, the Red-wattled lapwing (*Vanellus indicus*), a protected bird species on the brink of extinction.

Carried out between 7am and 8.30am (when birds are most active), it was the first such project to be organised by FRIM after a two-year hiatus due to the COVID-19 pandemic.

Paya Burung, an eight-hectare bird sanctuary situated within the FRIM campus in Kepong, Kuala Lumpur is a natural habitat and rest stop for over 90 bird species.

Closer look

University student Amira Nor Sabrina Ambran, 21, who was among the participants, told Bernama it was her first birdwatching activity and she found it fun.

"Each time we hear the sound of a bird, we would try to detect the direction the sound is coming from and then use our binoculars to take a better look at the bird's physical shape and figure out its species.

"I learned a lot that day ... not only did I get to identify various bird species but also got to know more about their habitat and how they survive, as well as the importance of protecting the environment," she said.

Shukri Mohd Yusof, 31, a van driver from Selayang Baru, said he found birdwatching a calming and soothing

experience.

"The wild bird species here come in a variety of colours. We were lucky we saw a species of migratory birds catching fish with their long bills," he said.

Bird species

Head of the Ecotourism and Urban Forestry Programme at FRIM Ahmad Azaruddin Mohd Noor said the citizen science project was organised to bring the people closer to nature in order to raise awareness on the importance of biodiversity conservation.

He said so far, 86 bird species are known to exist in Paya Burung, including four new species identified by the group that participated in the birdwatching activity on Feb 28.

He said the diversity and abundance of food sources, greenery and humid environment are the main factors that make FRIM's Paya Burung an ideal habitat for birds.

"Besides educating the public about our rich biodiversity, this (birdwatching) project is also a collaboration with the public to collect data on bird species that exist on FRIM's premises so that we can return the knowledge to them (public)," he said, adding that it also exposes the participants to the joys of observing birds in their natural habitat.

He said with the help of reference books on birds and the eBird mobile application, participants are able to identify the birds by gender, characteristics, markings and habitat, following which they can tag their location and contribute the information to the eBird application.

Through such citizen science projects, FRIM hoped to enhance public awareness, especially among schoolchildren, on the importance of recognising and identifying natural

resources such as birds, which are indicators of the richness of an area's flora and fauna, explained Ahmad Azaruddin.

He added that birdwatching should be promoted as an ecotourism activity in certain areas in Malaysia where a diverse range of wild bird species can be found.

"Speaking of ecotourism, it's not just about enabling visitors to enjoy the beauty of nature in tourism spots. It's also about raising awareness on biodiversity conservation through collaborations with villagers.

"For instance, we can get the local community to be involved by engaging them as guides in birdwatching activities. (Besides promoting) the essence of ecotourism, we are also inviting the local community to be jointly involved in conserving nature," he said.

Bird watching for beginners

Meanwhile, FRIM Ecotourism and Urban Forestry Programme researcher Norsham Yaakob said birdwatching is not only for nature and wildlife lovers but also for families to participate in.

"A lot of people think birdwatching is a boring and 'geeky' activity. It's actually a very rewarding activity that combines a sense of adventure and discovery and the joy of visiting fascinating landscapes.

"It is suitable for the whole family ... in fact, it's a good way to train children to appreciate wildlife as well as the beauty of our flora and fauna.

"Children must be given the opportunity to explore nature and experience the beauty of our biodiversity. We must bring them closer to activities that can educate them to appreciate nature. Do this while nature is still intact and has

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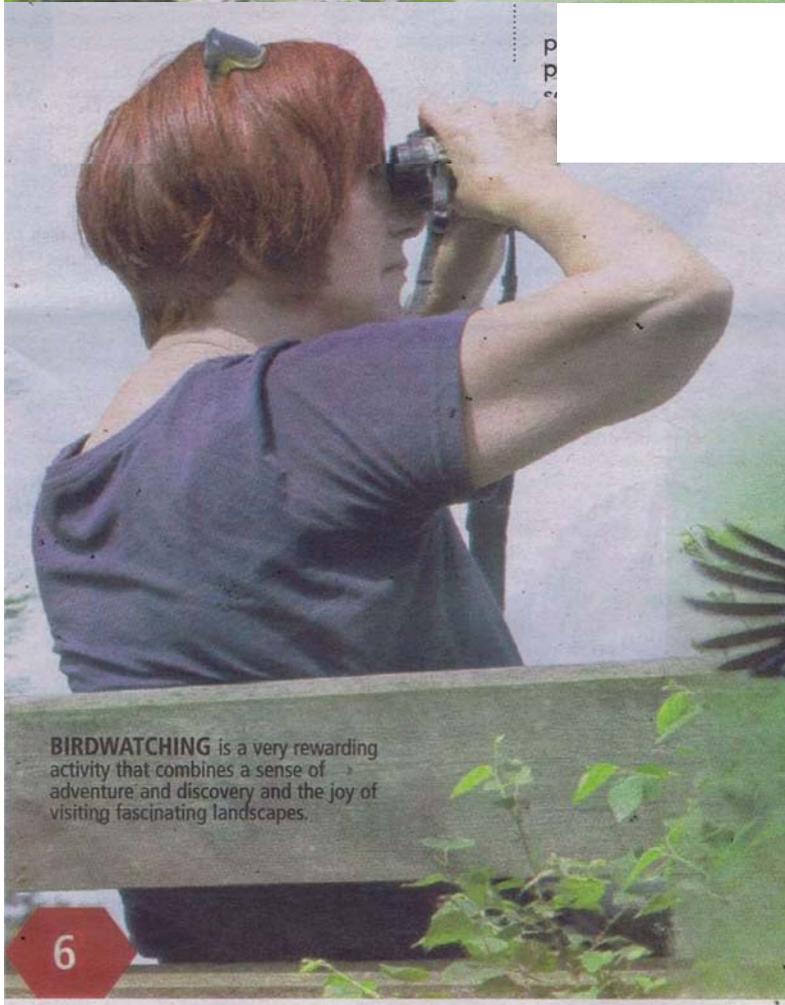


AHMAD
Azaruddin

not been destroyed yet. Who knows in 10 years' time, the forest (near you) will disappear to make way for development. This is why it's important to educate children from an early age on the importance of preserving nature," she added.

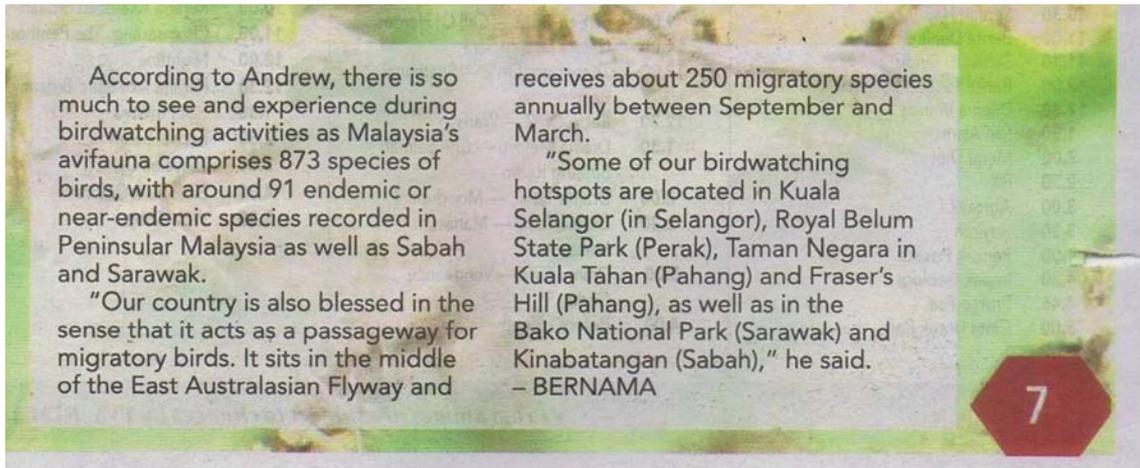
Ecotourism and Conservation Society of Malaysia chief executive officer Andrew Sebastian, when contacted by Bernama, said people who wish to try out birdwatching must first equip themselves with a good pair of binoculars.

"The binoculars need not be expensive, just a basic but good quality one will do. Of course, they must have an interest in birds. When going birdwatching, they need to wear hiking shoes and comfortable clothes just in case they want to head to 'hotspots' that may require them to hike," he said.



BIRDWATCHING is a very rewarding activity that combines a sense of adventure and discovery and the joy of visiting fascinating landscapes.

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