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FOREST RUN
FRIM is organising a Forest Run on March 7 at FRIM Kepong in conjunction with International Day of Forests 2020. There will be a 3km, 5km or 10km route and participants will be able to run through the forest trails amongst the man-made forest with a rich biodiversity of flora and fauna. Registration is now open. Visit www.jomrun.com or its Facebook page FRIMKepong.